

ANANDA LOTUS



Writer
Producer
Teacher
Scholar



ANANDA LOTUS

Ananda Lotus is an international scholar, poet, scriptwriter, teacher, and organizer. She utilizes aspects of fiction, poetry, prose, and non-fiction to weave creative stories of holistic wellness. Her life work has led her to develop techniques for creative wellness: the utilization of artistic expression to cultivate health on all levels. As a result of her work in art, education, health and business, Ananda recognizes that mental health, emotional stability, spiritual centeredness are vital skills that are much needed in the academic and professional world. Her ultimate goal is to propel the discovery of sustainable solutions to personal, familial, local and global issues, while exploring creative rituals that uplift society to higher levels of consciousness.

THE WHY

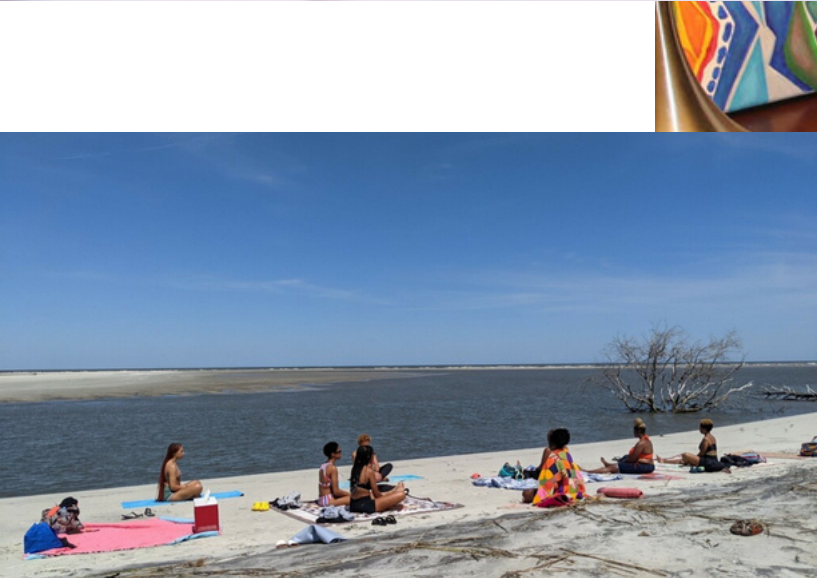
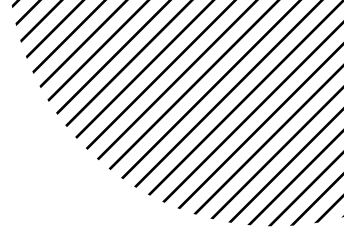
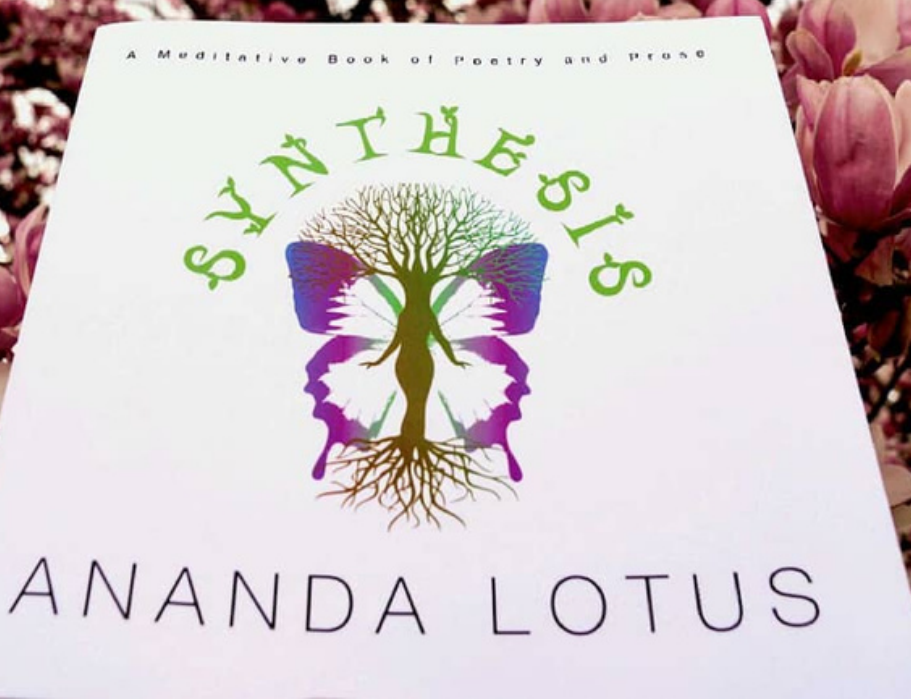
Ananda is a SANSKRIT word that means BLISS. Lotus is the water flower that grows beautifully out of the dark and murky mud. Thus, Ananda calls herself an art and wellness facilitator. Raised in the Atlanta art and cultural scene by a professor and literary critic, Ananda was memorizing Ntozake Shange and George C. Wolfe at age 11 and performing poetry at 14. She went on to graduate from the esteemed Howard University English Department, and began a career as a scholar and teacher, working and studying in Egypt, China, Cuba, Jamaica, Washington D.C, and Atlanta.

After a bout with depression in 2012, Ananda committed her life to wellness, venturing into the world of meditation, yoga, and mindful eating. At the same time she wrote, produced and directed SYNTHESIS, a futuristic interactive play. And her union of art, education, and wellness commenced.

Ananda went on to publish a meditative book of poetry and prose, which led to her return on the Atlanta spoken word scene. She also continued to work as an independent teacher and education administrator.

In 2019, Ananda decided to delve back into scriptwriting, this time with a focus on Television productions. She began taking courses at the premiere writer-for-hire studio in Atlanta, Bridge 17 Scriptwriters' Studio. Since then Ananda has been certified as a studio writer-for-hire, and has worked on independent film and television scripts.

Ananda also works as a copy writer and editor, having edited several manuscripts for publication along with PR , advertising and internal documents for several local and international companies and artists.



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LOTUS LIFESTYLE

ANANDA REVOLVES HER MOVEMENT AROUND 5 PRINCIPLES:

CREATION

The Promotion, Production, and Curation of High Quality Art and Creative Expression

WELLNESS

The Cultivation of a Natural Lifestyle and High Quality Sustainable HealthCare

EDUCATION

Classes, Workshops, and Educational Materials to Facilitate a Holistic Education

EXPERIENCE

Salons, Theatrical Productions, Readings, and other IMMERSIVE activities that promote creative expression and assist the community in relating with one another in a healthy way.

TECHNOLOGY

Innovative Production and Investment in Sustainable Living Goods and Services

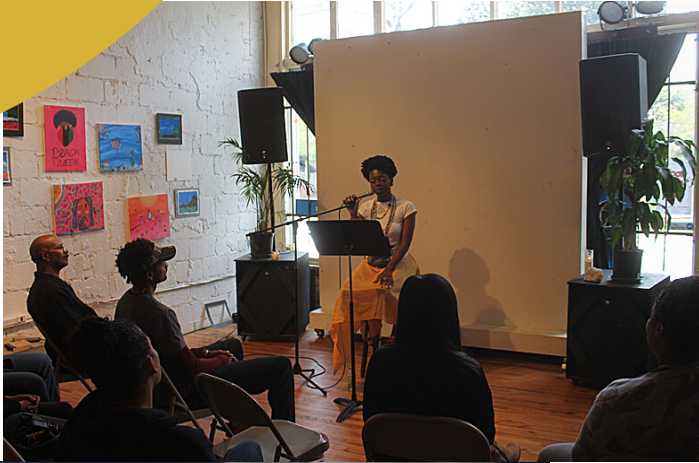
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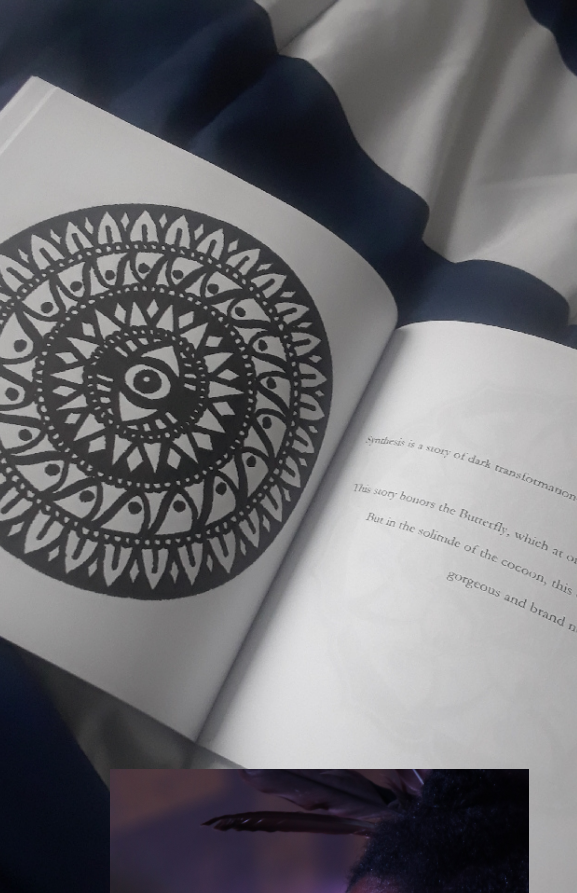
www.anandalotus.com

WORK WITH ANANDA

Book Ananda to work with your business, production, team, class, or event today. With over 10 years of education and writing experience, Ananda has developed her unique skill for using art and spiritual development to bring out the best in people.



- *TV Script & Story Consultations*
- *Editing for Publication*
- *Business Copywriting*
- *Creative Writing & Grammar Instruction*
- *Training of Teachers (TOT)*
- *Yoga & Meditation Instruction*
- *Healthy Living Consultation & Instruction*
- *Keynotes & Customized Workshops*



ARE YOU READY TO TELL YOUR STORY?

LET **LOTUS SCRIBES** SERVICE YOU

**CONTENT CREATION
COPY EDITING
PUBLISHING CONSULTING
SCRIPT DEVELOPMENT
PR & EVENTS
TUTORING
CURRICULUM DEVELOPMENT**

**WORDS FROM THE BRAIN
TO THE PAGE,
FROM THE PAGE TO THE
PEOPLE**

CONTACT US

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